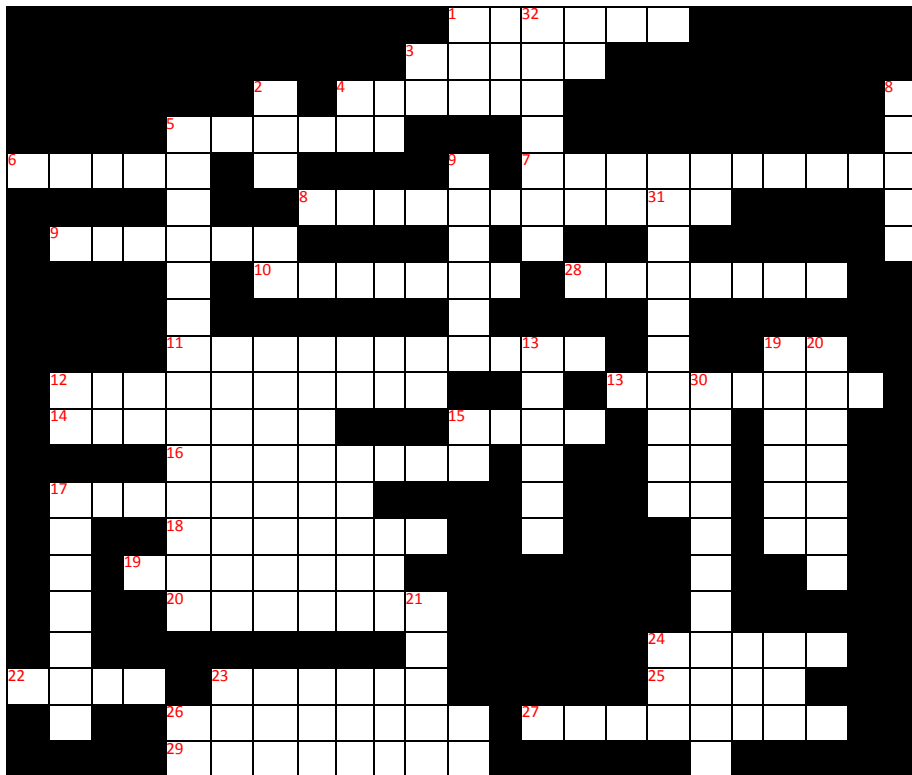


Wild Rose College

Herb Search



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Across

1. The Cree Indians called Balsam poplar _____
3. _____ Chamomile is one of the strongest herbal sedatives
4. A sedative for humans, a stimulant for cats.
5. Psalms 51:7 states "purge me with _____ and I shall be clean; wash me and I shall be white than snow"
6. *Barosma betulina*
7. *Crataegus* _____ is used as a cardiac tonic
8. _____ stimulate the secretion of bile (*definition*)
9. _____ contains Tropane alkaloids and has been used in ritual by Native Americans and for its hallucinogenic effects
10. Emodin is the principle laxative in this herb
11. _____ is known to be **anti-depressant** and calming.
12. The name of this deadly nightshade in Italian means 'beautiful lady'
13. Allantoin is one of the primary chemical constituents in this herb
14. *Ephedra sinica*
15. The human body has four main elimination channels; colon, kidneys, lungs and _____
16. The second internode below a single flower is called a _____ (*botanical definition*)
17. _____ bark is also called Countess's Powder
18. This herb has been used to help patients quit smoking
19. These antiseptic & antibiotic berries are dark blue-ish purple when harvested in their second year.
20. In the mustard family, the flowers have 6 _____
22. _____ This family has square stalks
23. The name of Dr. Terry Willard's herb farm
24. Eugenol is one of the most active ingredients in this herb
25. This plant is number 1 when it comes to burns and scolds
- 26 D-alpha-tocopherol is the most potent form of _____ that is most readily absorbed in the body
27. Don quai is useful for balancing female _____
28. In Traditional Chinese Medicine, the spleen is paired with this organ
29. The mint family

Down

2. Prickly _____
- 5 Every second letter of this plants' latin name is U
8. _____ bark is usually used for abdominal cramps
9. _____ is the famous stalk chosen by the ancient Chinese Sages for consulting the I Ching
13. This mushroom adaptogen is one of the most popular herbs in china
17. _____ seeds work great as an anthelmintic and are especially . accessible around Halloween.
19. This herb promotes the healing of wounds, bruises and sprains. It is . usually taken homeopathically
20. _____ is one of the major ingredients in Bitters
21. This strong cathartic can be habit forming and therefore should only . be used for short periods of time
30. *Athaea officinalis*
31. Flower essences work on the anomalies in the _____ body
32. A carrot has what type of root?